

File for Unemployment Insurance



Is this for me?

The Unemployment Insurance Program provides benefits to people who have lost their jobs or had their hours reduced through no fault of their own. If you have lost your job or if your employer has cut your hours, you should apply for benefits. After you file your initial application online or over the phone, our agents will review your information to decide if you are eligible for benefits.

Before you apply: Gather information

To file for benefits from the Unemployment Insurance Program, you must provide your name, Social Security Number, birthdate and contact information. If you are not a U.S. citizen, you will also need your USCIS number. You must provide your complete work history for the past 18 months. This includes employer names, employer addresses, employer phone numbers, and dates of employment.

STEP 01



File an initial application

Online: File for benefits at unemployment.oregon.gov.

Phone: 877-345-3484.

Language interpretation services are available.

STEP 02



File weekly claims

After you file your application, you also need to file weekly claims to request benefit payments. You must file weekly claims to show us you are eligible to get paid. You must wait until Sunday to submit the previous week's claim.

Online: unemployment.oregon.gov.

Phone: 800-982-8920.

Language interpretation services are available.

STEP 03



Be ready to return to work

To be eligible for benefits, you must be able to work, available for work, and actively seeking work. People who get benefits are required to look for work and keep track of their job search. We will ask you for the names and information about the employers you contacted.

We will send you instructions about your work search requirements after we review your claim application.

What is the Unemployment Insurance Program?

People who have lost full-time, part-time, temporary, or gig work may qualify for benefits from the Unemployment Insurance Program. Weekly payments support people who are actively looking for work and meet eligibility requirements. Anyone who has authorization to work in the U.S. may be eligible for benefits. It is not public assistance and does not affect immigration status.

What is a waiting week?

This is the first week you meet all the requirements for benefits, including work searches. You won't get any money, but you must claim the week to receive credit for it.

Can I get benefits?

Many workers qualify for benefits, even if their employer says they are gig workers. You must have a work history within the past 18 months, and there are other wage requirements. We encourage you to file an initial application to see if you are eligible.

When do I file a weekly claim?

To receive benefits, you need to file a weekly claim every week that you are asking for benefits and did not work 40 or more hours. We check each weekly claim for eligibility. This is in addition to filing your initial application for benefits.

How much can I get?

We use the amount you earned during a 12-month period, called a base year, to calculate your weekly benefit amount. After we review your initial application, we will send you a Wage and Potential Benefit Report with your base year wages and possible weekly benefit amount.

What if I am still working?

For each week, you may still be eligible for benefits if you work less than 40 hours and make less than your weekly benefit amount. Be sure to report the hours that you worked during the week. You also must report your gross earnings for each week, even if you have not been paid yet.

Learn more

Check your potential benefit amount: unemployment.oregon.gov/estimator

Claimant Handbook: unemployment.oregon.gov/handbook

Career and Job Search assistance: worksourceoregon.org

Questions?

Call us at 877-345-3484 or use the Contact Us form at unemployment.oregon.gov

Need help? The Oregon Employment Department (OED) is an equal opportunity agency. OED provides free help so you can use our services. Some examples are sign language and spoken-language interpreters, written materials in other languages, large print, audio, and other formats. To get help, please go to unemployment.oregon.gov and click on Contact Us or call us at 877-345-3484. TTY users call 711.

¿Necesita ayuda? El Departamento de Empleo de Oregon (OED) es una agencia de igualdad de oportunidades. El OED proporciona ayuda gratuita para que usted pueda utilizar nuestros servicios. Algunos ejemplos son intérpretes de lengua de señas e idiomas hablados, materiales escritos en otros idiomas, letra grande, audio y otros formatos. Para obtener ayuda, vaya a unemployment.oregon.gov/es y haga clic en Contact o llámenos al 877-345-3484. Usuarios de TTY pueden llamar al 711.